

Summer Fun Diving Camp

Mark Ruiz Diving Camps is proud to present our 2013 Summer Fun Diving Day Camp at the YMCA Aquatic Center on International Drive! *The camp is open to children 6yrs to 13yrs of age with all levels of experience.* If you can swim, we can teach you to dive! Along with diving fundamentals, we will also be incorporating basic gymnastic, trampoline, and conditioning skills along with a weekly Olympic themed competition!



This combination of strength, flexibility, and body awareness can be an excellent foundation for the development and discipline it takes to succeed in all aspects of a young person's life! And most importantly, IT'S FUN!!!!

We are offering four one week sessions and space is limited!

Session 1: June 17-21
Session 2: June 24-28
Session 3: July 1-5
Session 4: July 8-12

The Daily Activities include:

7:30-8:30	Pre-care (\$25per child/week)
8:30-9:00	Drop-off
9:00-10:00	Stretching and Tumbling
10:00-11:30	Diving and Trampoline
11:30-12:30	Lunch
12:30-1:30	Games/Outdoor Activities
1:30-3:00	Diving and Trampoline
3:00-3:30	Free Dive!!!
3:30-4:00	Pick-up
4:00-5:00	After-care(\$25per child/week)

Camp Rates:

Single session: \$300.00
2-3 sessions: \$250.00per
4 sessions: \$900.00

*Please note that each child must be registered with the AAU or USA Diving and have a current membership number. This can be done easily through AAU.org at a fee of \$16 per child.

Space is limited so sign up today at floridadivingcamps.com!!!! Credit Cards accepted!